

**YU-Taekwondo 1070 Wien (04.07.-06.09.2026)**

| Montag                            | Dienstag                      | Mittwoch                       | Donnerstag                     | Freitag                        | Samstag                        | Sonntag/Feiertag |
|-----------------------------------|-------------------------------|--------------------------------|--------------------------------|--------------------------------|--------------------------------|------------------|
| vormittags                        |                               |                                |                                |                                |                                |                  |
|                                   |                               |                                |                                |                                | <b>Alle Gurtgrade</b>          |                  |
|                                   |                               |                                |                                |                                | 10:00 - 11:00<br>Kwan Jang Nim |                  |
|                                   |                               |                                |                                |                                | <b>Spezial - Kicktraining</b>  |                  |
|                                   |                               |                                |                                |                                | 11:00 - 12:00<br>Tufan Diz     |                  |
|                                   |                               |                                |                                |                                | <b>Kleinkinder Alle</b>        |                  |
|                                   |                               |                                |                                |                                | 11:00 - 11:45<br>Kiraz Celik   |                  |
| nachmittags                       |                               |                                |                                |                                |                                |                  |
|                                   |                               |                                |                                | <b>Sprechstunde</b>            |                                |                  |
|                                   |                               |                                |                                | 15:00 - 16:00<br>Kiraz Celik   |                                |                  |
| <b>Kleinkinder Alle</b>           | <b>Kleinkinder Alle</b>       | <b>Kleinkinder Alle</b>        | <b>Kleinkinder Alle</b>        | <b>Kleinkinder Alle</b>        |                                |                  |
| 16:00 - 16:45<br>Rastin Derakhshi | 16:00 - 16:45<br>Kiraz Celik  | 16:00 - 16:45<br>Nesmina Mutlu | 16:00 - 16:45<br>Nesmina Mutlu | 16:00 - 16:45<br>Kiraz Celik   |                                |                  |
| <b>Alle Gurtgrade</b>             | <b>Alle Gurtgrade</b>         | <b>Alle Gurtgrade</b>          | <b>ab Grüngurt</b>             | <b>Alle Gurtgrade</b>          |                                |                  |
| 17:00 - 18:00<br>Rastin Derakhshi | 17:00 - 18:00<br>Kiraz Celik  | 17:00 - 18:00<br>Nesmina Mutlu | 17:00 - 18:00<br>Nesmina Mutlu | 17:00 - 18:00<br>Kiraz Celik   |                                |                  |
|                                   | <b>Spezial - Kicktraining</b> |                                | <b>Alle Gurtgrade</b>          | <b>Spezial - Hyong/Poomsae</b> |                                |                  |
|                                   | 18:00 - 19:00<br>Kiraz Celik  |                                | 18:00 - 19:00<br>Tufan Diz     | 18:00 - 19:00<br>Kiraz Celik   |                                |                  |
|                                   |                               |                                | <b>Spezial - Akrobatik</b>     |                                |                                |                  |
|                                   |                               |                                | 19:00 - 20:00<br>Tufan Diz     |                                |                                |                  |