

## YU-Taekwondo 1110 Wien (ab 07.09.2026)

| Montag                                                       | Dienstag                                               | Mittwoch                                                                 | Donnerstag                                                                          | Freitag                                                                 | Samstag                                                                  | Sonntag                                                          | Feiertag |
|--------------------------------------------------------------|--------------------------------------------------------|--------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------|--------------------------------------------------------------------------|------------------------------------------------------------------|----------|
|                                                              |                                                        |                                                                          |                                                                                     |                                                                         | <b>ab Blaugurt</b><br>10:00 - 11:00<br>Nhan Nguyen                       | <b>ab Gelb - Grüngurt</b><br>10:00 - 11:00<br>Suad Bajraktarovic |          |
|                                                              |                                                        |                                                                          |                                                                                     |                                                                         | <b>Spezial - Prüfungsvorbereitung</b><br>10:00 - 11:00<br>Julian Sindric |                                                                  |          |
|                                                              |                                                        |                                                                          |                                                                                     |                                                                         | <b>Anfänger Basic</b><br>11:15 - 12:15<br>Nhan Nguyen                    | <b>Kleinkinder Alle</b><br>11:15 - 12:00<br>Elvedin Milkunic     |          |
|                                                              |                                                        |                                                                          |                                                                                     |                                                                         | <b>ab Grüngurt</b><br>11:15 - 12:15<br>Julian Sindric                    | <b>Anfänger</b><br>11:15 - 12:15<br>Suad Bajraktarovic           |          |
| <b>Kleinkinder Alle</b><br>16:30 - 17:15<br>Elvedin Milkunic | <b>Anfänger Basic</b><br>16:30 - 17:30<br>Nhan Nguyen  | <b>Kleinkinder Fortgeschritten</b><br>16:30 - 17:15<br>Elvedin Milkunic  | <b>Kleinkinder Alle</b><br>16:30 - 17:15<br>Elvedin Milkunic                        | <b>Kleinkinder Alle</b><br>16:30 - 17:15<br>Elvedin Milkunic            |                                                                          |                                                                  |          |
| <b>Anfänger Basic</b><br>16:30 - 17:30<br>Nhan Nguyen        |                                                        | <b>Kleinkinder Alle</b><br>16:30 - 17:15<br>Oliver Wirth                 | <b>Anfänger</b><br>16:30 - 17:30<br>Nhan Nguyen                                     | <b>Anfänger</b><br>16:30 - 17:30<br>Nhan Nguyen                         |                                                                          |                                                                  |          |
| <b>Anfänger</b><br>17:30 - 18:30<br>Elvedin Milkunic         | <b>Anfänger</b><br>17:30 - 18:30<br>Jose Mertola       | <b>Anfänger</b><br>16:30 - 17:30<br>Nhan Nguyen                          | <b>ab Grüngurt</b><br>17:30 - 18:30<br>Nhan Nguyen                                  | <b>Anfänger</b><br>17:30 - 18:30<br>Elvedin Milkunic                    |                                                                          |                                                                  |          |
| <b>ab Grüngurt</b><br>17:30 - 18:30<br>Nhan Nguyen           | <b>ab Blaugurt</b><br>17:30 - 18:30<br>Nhan Nguyen     | <b>ab Grüngurt</b><br>17:30 - 18:30<br>Nhan Nguyen                       | <b>Anfänger</b><br>17:30 - 18:30<br>Elvedin Milkunic                                | <b>ab Grüngurt</b><br>17:30 - 18:30<br>Nhan Nguyen                      |                                                                          |                                                                  |          |
|                                                              |                                                        | <b>Spezial - Akrobatik</b><br>17:30 - 18:30<br>Julian Sindric            |                                                                                     |                                                                         |                                                                          |                                                                  |          |
| <b>Alle Gurtgrade ab 14</b><br>18:45 - 19:45<br>Nhan Nguyen  | <b>Schwarzgurt</b><br>18:45 - 19:45<br>Nhan Nguyen     | <b>ab Rotgurt</b><br>18:45 - 19:45<br>Nhan Nguyen                        | <b>Spezial - Stock/Messertechniken ab 10 Jahren</b><br>18:45 - 19:45<br>Nhan Nguyen | <b>Spezial - Freikampf ab 10 Jahren</b><br>18:45 - 19:45<br>Nhan Nguyen |                                                                          |                                                                  |          |
|                                                              | <b>Alle Gurtgrade</b><br>18:45 - 19:45<br>Jose Mertola | <b>Spezial - Prüfungsvorbereitung</b><br>18:45 - 19:45<br>Julian Sindric |                                                                                     |                                                                         |                                                                          |                                                                  |          |